

CLASSROOM MEETING

December 17, 2015

- Get to know each other better
- Learn about topics not routinely covered throughout the school day
- Discussing/problem solving
- Working together
- Talking about important issues

Purpose of Classroom Meetings

- Build a strong class community
- Allow others to be heard
- Help resolve problems before they become bigger issues

Benefits of meetings

- We raise our hand when wishing to speak
- Everyone has the right to be heard
- We let others speak without interrupting
- Everyone has the right to “pass”
- We can disagree without being disagreeable or saying mean things; no “put downs”
- When talking about bullying or other problems we don’t mention names

NORMS

Bullying or Nah?

Read through the following scenarios. Decide with your (partner/group/self) if the following situation is an example of bullying or not, and circle your choice. Explain your answer in the spaces provided.

Cyber - Bullying



- Hurtful, mean actions
 - verbal & non-verbal
- Repetitive over time
- Unwanted

Bullying is.....

- Tell a trusted adult
- Report At WMS –
 - Website
 - Cell Phone
 - Incident Reports

What to do...



- So what can I do when faced with a cyber-bully? Experts offer these tips:
 - Take a screenshot or save a text message.
 - Block or unfriend the bully.
 - Report the bully to the website.
 - Tell a trusted adult, like a family member or teacher
 - StopIt app

In serious cases, call the local police to report harassment

What to do...

Now a word from Mr. Weber



<<<Press Play

Understanding and Addressing Online Cruelty

REASONS ¹ for online social aggression	STRATEGIES for reducing online social aggression
1. I can't see you (invisibility lessens empathy).	<ul style="list-style-type: none">• Visualize the person on the receiving end of the message and imagine how they will feel.• Balance time spend online with activities that involve face-to-face interaction.
2. You don't know me (anonymity emboldens people to say things they normally wouldn't).	<ul style="list-style-type: none">• Picture yourself saying this to someone in person. Could you? How would it feel?
3. See you later (communication that does not involve immediate, real-time feedback may reduce inhibitions).	<ul style="list-style-type: none">• Think about the response your message may provoke at a later time from the recipient, other peers and adults.
4. It's just a game (the Internet may seem like	<ul style="list-style-type: none">• Consider the real-life outcomes and

**Everyone you meet is
fighting a battle
you know nothing about.**

Be kind.  Always.

~ Jan Maclaren

Is this Bullying?

T.H.I.N.K.

BEFORE YOU

SEND!

Is it

- True
- Helpful
- Inspiring
- Necessary
- Kind

- **#startswithus** to be used in social media messages: stop bullying and be kind to each other

<http://fox2now.com/2014/10/16/students-stop-cyberbullying-clothespin-challenge-starts-today/>

#startswithus

- Create a pin
- Put #startswithus on one side
- A positive saying on the other “You’re Awesome!”
- Pin a classmate (SAFELY)
 - You may use your phone to tweet or use instagram
 - *****Must***** include @WMShornetsgo
& #StartsWithUs

Pin me!

- How are you doing?
- What help do you need achieving your goals?
- Do you have any new goals to add?
- Share with a partner!!!!

Review Goals