
March 17, 2016
THURSDAY
CLASSROOM
MEETING

Be Part of the Solution

Purpose of Classroom Meetings

- Get to know each other better
- Learn about topics not routinely covered throughout the school day
- Discussing/problem solving
- Working together
- Talking about important issues

Benefits of meetings

- Build a strong class community
- Allow others to be heard
- Help resolve problems before they become bigger issues

NORMS

- We raise our hand when wishing to speak
- Everyone has the right to be heard
- We let others speak without interrupting
- Everyone has the right to “pass”
- We can disagree without being disagreeable or saying mean things; no “put downs”
- When talking about bullying or other problems we don't mention names

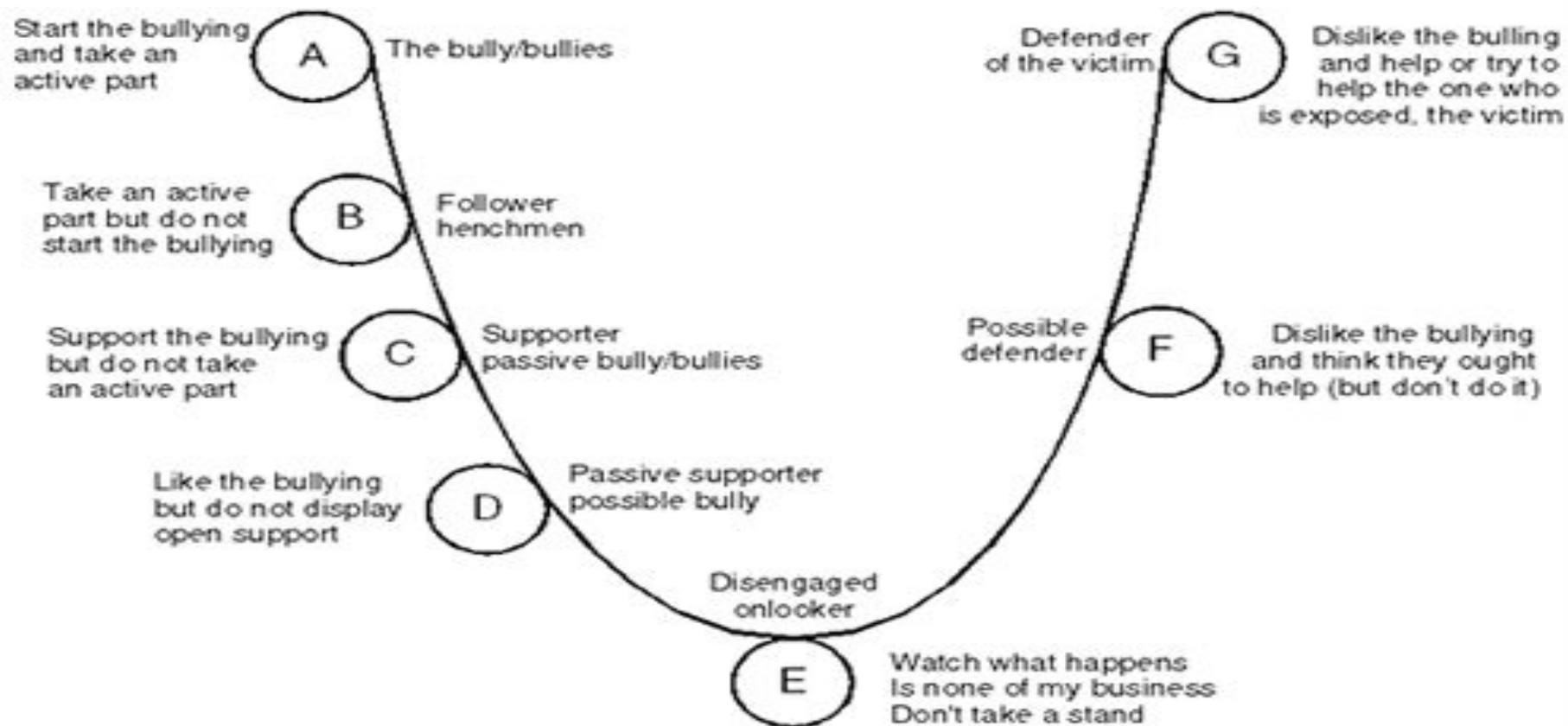
Opening Activity

1. Sometimes it can be difficult to decide how to handle or problem-solve bullying situations.
 2. Get into groups of 3-4
 3. Review
 - a. types of bullying
 - b. “bullying circle”
 4. Watch each “bullying scenario” Video and discuss each person’s or character’s solution.
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Types of bullying

1. Indirect - rumors, exclusion, cyber-bullying
2. Direct - Hitting, taunting, name calling

Figure 5
The Bullying Circle
Students' Modes of Reaction/Roles in Acute Bullying Situation



**WAYS TO
STOP
BULLYING**





Discuss and decide in your groups the following, be prepared to share out

Identify the type of bullying displayed in the clip.

Direct or indirect

Are there Stereotypes:

“ALWAYS” such as *ALWAYS* Physical or *ALWAYS* done by boys

Solution: Rate on 1 - 5 scale, discuss...

a) effective b) safe c) in line w/ school rules

Other solutions?



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A landscape photograph featuring a clear blue sky above a field of dry, golden-brown grass. The text "Be KIND Always" is overlaid in white. "Be" is in a cursive script, "KIND" is in a blocky, outlined font, and "Always" is in a cursive script.

Be
KIND
Always

Discussion Items -

Every situation is slightly different.

1. What factors do you take into account when deciding what is the best approach to help stop bullying.
 2. What strategies do you rely on to help you solve difficult problems?
 3. What kinds of advice or support do you look for?
 4. Have you found some things that work better for you?
 5. What circumstances make it harder or require more courage to step in as a bystander?
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still discussing...

6. What are some different options for providing support to the bullied student during and after the bullying situation?
 7. What about confronting a student who is bullying before and after the situation?
 8. What roles are easy to take on in the bullying circle?
 9. Which ones are more challenging?
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WRAP - UP

There isn't really one right way to resolve a bullying problem. Sometimes it takes efforts of more than one person or several tries before it completely stops.

BUT ---- Getting it stopped is important, and efforts must continue until the person is safe and the individuals who display bullying behavior stops harming others.

Communicate to friends, teachers, parents ASAP if this is happening.

Be part of the solution.
